

**Strong families don't just happen.....  
they require energy, vision and dedication**

# ***“The 7 Habits of Highly Effective Military Families” Workshop***



**Join the hundreds of people who have attended these successful workshops that provide self-discovery and a principle-centered approach to empowering individuals, couples and families.**

**October 5<sup>th</sup> (Wednesday)      8:30 a.m. – 2:30 p.m.**

**OR**

**February 25<sup>th</sup> (Saturday)      8:30 – 2:30 p.m.**

**Resiliency Center, Bldg. 198, 600 Thomas Avenue, Room 125  
Limited seating for these Workshops!**

**For more information or to register**

**Contact: Ann Soby 913-651-0624 or [ann@cgscf.org](mailto:ann@cgscf.org)**

**Onsite childcare site has been arranged for Oct 5<sup>th</sup> only**

**To make a reservation, call CYS 913-684-5138**

**Workshop sponsored by the CGSC Foundation**